



MONMOUTH REGIONAL HIGH SCHOOL  
Athletics/Health & Physical Education Department  
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Dear Parent/Guardian:

Updates to the Health History Update Questionnaire: [Updated Health History Form](#) (click for link)

The Health History Update Questionnaire has been updated to include 2019 Novel Coronavirus (COVID-19) related-questions. Pursuant to N.J.S.A. 18A:40-41.7(b), the Health History Update Questionnaire is to be completed and signed by a student-athlete's parent or guardian when the student-athlete's last physical examination was completed more than ninety (90) days prior to the first day of official practice in an athletic season. Once completed, the Health History Update Questionnaire shall be reviewed by the school nurse and, if applicable, the school athletic trainer. Pursuant to N.J.S.A. 18A:40-4, if an answer to a question on the Health History Update Questionnaire is yes, the certified school nurse and school physician (or other designated medical professional) shall determine whether additional medical attention and/or further evaluation is necessary. **All student athletes participating in a Fall sport at MRHS are required to complete the Updated Health History Form and submit the form prior to August 1<sup>st</sup> 2020 to the school nurses [tcahill@monmouthregional.net](mailto:tcahill@monmouthregional.net) or [mmoore@monmouthregional.net](mailto:mmoore@monmouthregional.net) via email only.**

This form is also available on the MRHS website, Athletic Sports Participation Tab.

Please feel free to contact Tony DeOrio Athletic Director MRHS via email [tdeorio@monmouthregional.net](mailto:tdeorio@monmouthregional.net) or Kathy Sudowsky MRHS Athletic Department Administrative Assistant via email [ksudowsky@monmouthregional.net](mailto:ksudowsky@monmouthregional.net) with any questions or concerns. Thank you for your anticipated cooperation.